



Events at Manor Royal

Be part of it!

People Forum: 17 September 2015

Programme:

- 12 noon: Arrival at Doosan
- 12.15 pm: Welcome – Steve Sawyer, Manor Royal Business District
- 12.20 pm: Round-table Introductions – All
- 12.25 pm: Guest Presentation: Mindfulness in the Workplace
Jane Cattermole, Minding Your Business
- 1.00 pm: Questions from the floor
- 1.15 pm: Manor Royal Training Programme Launch
Lauren King, Central Sussex College
- 1.20 pm: Networking Buffet Lunch
- 2.00 pm: Close